

100% Xylitol for best results

- Xylitol is a natural-sweetener produced from plants and vegetables.
- Sorbitol is a cheap and artificial sweetener that gives people gas, bloating and often pain and cramps at very low doses.
- Xylitol is recognized by the body. Start slowly and increase your intake of xylitol over a few weeks.

- **Zellies can prevent cavities.**
- **Zellies reduces plaque and bacteria.**
- **Zellies can heal early cavities.**
- **Zellies can replace minerals in enamel.**
- **Zellies helps increase saliva.**
- **The benefit for children is eating approximately one teaspoon (6.5 gm) of xylitol regularly while teeth are erupting.**
- **Choose Zellies with 100% xylitol for maximum effect.**

For More Information:
www.zellies.com

FAQs

Q: What is a safe dose?

- Xylitol is FDA approved - since the 1960s.
- It has been used by diabetics for a 100 years.
- 6 to 10 grams daily give dental benefits.
- You can safely eat 50 to 100 grams a day.

Q: How should I use Xylitol?

- Expose your teeth to a little xylitol as often as possible, especially after meals, snacks or drinks.

Q: What Xylitol products are available?

- Granular xylitol can be used as a replacement for sugar in coffee, tea and recipes.
- A liquid solution of xylitol in water or xylitol tooth wipes can clean the teeth of babies, special needs patients or when toothpaste cannot be tolerated.
- Xylitol tooth gel, breath spray and mouthwash are available.
- Xylitol breath mints and chewing gum are convenient and effective.
- Xylitol nasal wash can relieve allergy symptoms.

Q: Are there any other benefits of xylitol?

- Xylitol is a low calorie, safe, diabetic sugar.
- Xylitol can reduce ear infections in children.
- Xylitol can help acid reflux and heart burn.
- Xylitol increases absorption of calcium and may help osteoporosis.

Q: Can xylitol whiten my teeth?

- Acidity softens your teeth allowing them to become stained.
- Xylitol removes mouth acidity, and helps build minerals into teeth making them stronger and brighter.



Dental Health for Everyone

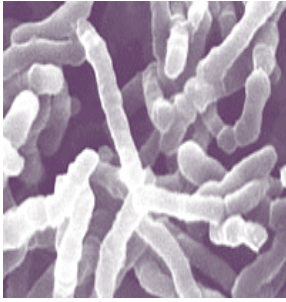
- Stop Cavities
- Protect Enamel
- Remineralize Teeth
- Fight Plaque



Sweetened with 100%
Birch Tree Xylitol

Stop Cavities

Tooth decay is an infectious, bacterial disease. Bacteria are transmitted from parent to child, from sibling to sibling and from spouse to spouse.

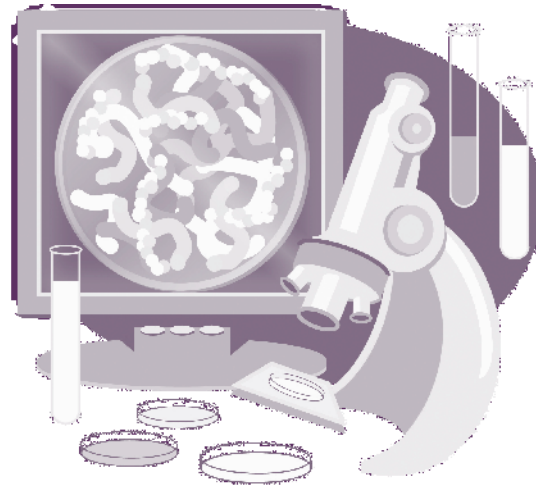
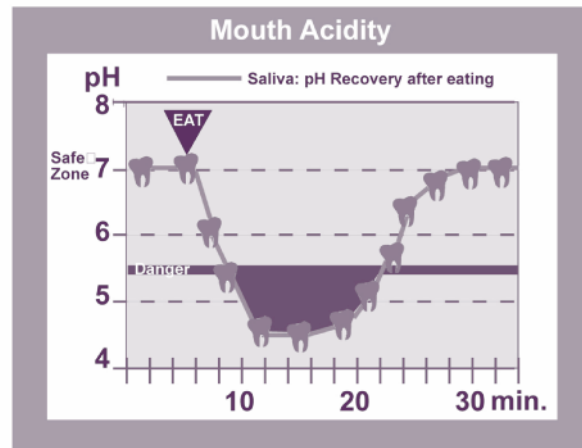


Harmful “acid-loving” bacteria (streptococcus mutans) cannot use Zellies as an energy source and are literally starved.

Dental disease will never end unless these harmful bacteria are eliminated from the mouth.

Protect Enamel

Tooth damage and decay occur when mouth acidity is in the danger zone. Eat Zellies immediately after meals, snacks, and drinks. Zellies stimulates alkaline saliva to quickly neutralize acidity and protect teeth.



Remineralize Teeth

Minerals in saliva can flow into teeth (a process called “remineralization”) each time Zellies are eaten. Zellies help heal soft or damaged areas and rebuild tooth strength.

If children eat Zellies one year before their teeth are erupting, it will give them long-term protection for their new teeth.

Fight Plaque

Mouth dryness and acidity provide perfect conditions for cavities, dental damage and plaque buildup.

Studies show that eating 13 Zellies regularly remove harmful bacteria from dental plaque in about 5 weeks. In 6 months 95 percent of the harmful bacteria will have gone.

After two years of eating Zellies regularly plaque bacteria will be less adhesive and plaque will stop forming on teeth.

About Xylitol

Xylitol is found in the fibers of fruits and vegetables. Xylitol was used in diabetic treatments over 100 years ago. Birch wood was the original source of commercially produced xylitol in the 1940s and this remains a premier source today. Xylitol has been used in Europe for baking, cooking and to sweeten coffee and tea since World War II.



Granular xylitol looks and almost tastes like



sugar (sucrose) but with 40 percent fewer calories.

During the 1950s it was discovered that xylitol could prevent ear infections in children. Hundreds of studies have confirmed the safety and health benefits of xylitol. In the U.S. military, xylitol gum is used by the troops to protect their teeth.

Native Americans knew that wrapping their precious medicines in the bark of birch trees would protect them from fungus and bacteria. Birch bark was made into teething rattles for children, and chewed by adults to protect and strengthen their teeth.